



Welcome to...



MYLEGACY
by Family Care Path

“A Secure Online Application for Collecting Your Family Health History and Identifying Your Potential Disease Risks”

Using MyLegacy

1. Connect

You will receive an email invitation to participate in MyLegacy. Use any web-connected device to login to the site with the details provided in the email and register. Once you create your profile, you will be ready to begin.

2. Answer Questions

The MyLegacy questionnaire will ask about your family structure as well as personal and family health history. Your information will be saved and you may exit the questionnaire any time. You can return as often as you like and complete MyLegacy at your own pace.

3. Submit Data

When you complete the questionnaire, the program will allow you to submit your data. MyLegacy will then automatically analyze your information and generate a result report. This report will include a summary of your risk level for different disorders as well as a family tree.

4. Results

The result report will be available to yourself and/or your health care provider (depending on who referred you). Discuss the results with your physician and establish a personalized care plan to minimize your risk for disease.

Family history – why is it so important?

Family history can be a very accurate predictor for your own risk of disease. Family members share their genes and often also their environment and lifestyle. Did you know that your risk for a disease may be 2-3 times higher than normal if it runs in your family? Or that the risk for cancer can be up to 80% if a genetic mutation is present? Knowing your family history and being aware of your risk for disease provides an opportunity to personalize your healthcare and could even be life-saving!

What is MyLegacy?

MyLegacy is an online family history tool that is designed to detect if you are at increased risk for certain conditions. Risk levels are calculated from personal and family health history provided in an online questionnaire. The **MyLegacy** result should be discussed with your health care provider who will be able to initiate additional evaluations if indicated.

Why use my MyLegacy?

The **MyLegacy** application makes family history collection easy. Data is entered once and can be updated as needed in the future. The information is analyzed using a technology that was developed by a team of genetics specialists and physicians at the **Cleveland Clinic**. **MyLegacy** will provide a report of your risk profile, saving your physician valuable time that can instead be spent on addressing your personal care and minimizing your risk for disease.



Cleveland Clinic was ranked 2nd overall in U.S. News & World Report's "2020-21 Best Hospitals." Its heart program has ranked No. 1 in the nation for 26 years in a row.

Bonus: CarePathConnect

If your **MyLegacy** report indicates you are at increased risk for an inherited condition, genetic counseling may be recommended. **CarePathConnect** is a network of highly qualified genetic counselors. In a video-based counseling session, they will be able to determine whether genetic testing would be beneficial, assist in the genetic testing process, and discuss the results with you and your family.



Family Care Path develops web-based clinical applications designed to improve patient outcomes and increase physician and clinical process efficiency.